

2018 DONALD DANFORTH JR. WILDERNESS CAMP
May 27 – June 1, 2018
Suggested Packing List

LUGGAGE: Be sure to label **everything** with your name including your luggage. We are not responsible for lost items. Please do not bring anything to camp that is of value or not replaceable. Things have been lost.

1 waterproof poncho or raincoat
1 jacket
7 full changes of clothes suitable for outdoor activities (at least 2 pairs of long pants)
1 pair of comfortable walking shoes
1 or 2 sleeping outfits
2 towels
Personal hygiene items
1 hat
1 swimsuit and water shoes to be worn in pool or water activities
1 flashlight
1 32 oz. waterproof water bottle
1 bedding, 1 fitted sheet and blanket OR sleeping bag and pillow
1 photo ID
Any necessary personal equipment like glucometer, etc.
Personal medication. **Note: MUST BE IN ORIGINAL CONTAINER WITH CURRENT, LEGIBLE, UNALTERED DOSING INSTRUCTIONS.**

Optional items: camera, games, spending money for camp store.

DO NOT BRING: radio, TV, video games, food and snacks, expensive items, clothing of value, weapons, alcoholic beverages, drugs, pets and sporting equipment. Sunnyhill and the Brain Injury Association of Missouri are not responsible for lost or stolen items.

Payment in full is due 2 weeks prior to the start of program. Deposits are refundable ONLY when cancellation is made 30 days prior to the start of program.

Please call Sunnyhill Adventure Camp (636-274-9044) for questions or concerns. Thank you!