

EASTERN
October 7, 2017
Marriot St. Louis West
660 Maryville Centre Dr.
St. Louis, MO 63141

Program Sessions 2017

- 8:15 am – 9:15 am Registration
- 8:30 am – 9:00 am *Brain Injury 101*
Pre-seminar session for individuals and families recently impacted by brain injury or years post-injury with unanswered questions.
- 9:00 am – 9:15 am Welcome
- 9:15 am – 10:00 am *Keynote Survivor Session*
Featuring Carter “Cardinal Cowboy” Rethwisch, Motivational Speaker and Survivor of Brain Injury and Coma
- 10:00 am – 10:15 am Exhibit Break
- 10:15 am – 11:00 am *What’s the Diff?*
Discussion Groups: one for survivors and one for family and friends. These facilitated discussions will encourage dialogue about changes after experiencing the impact of brain injury on your everyday lives.
- 11:00 am – 12:00 pm *Meet your Elected Officials*
Opportunity to educate State Senators and Representatives about issues important to survivors, families and the brain injury community.
- 12:00 pm – 1:15 pm Awards Luncheon
- 1:15 pm - 2:00 pm *Dealing with Denial*
Denial of the impact of brain injury on daily life is common. Understanding the underlying reasons of denial may influence your reactions to the changes, enhance relationships, and help in the recovery process.
- Come Move with Us*
Take a break from lectures with activities of fun.
- 2:00 pm – 2:15pm Exhibit Break
- 2:15 pm – 3:15 pm *Adapting to a New Lifestyle*
A full life with brain injury is possible! Learn what has worked for other survivors and families through adjustments, changes and attitudes.